

# **COURSE STRUCTURE**

**PG Diploma in Mental Health - Course  
Structure**

Sem I	Course Code	Title of the Paper	T/P	Cr.	Hrs./ Week	Max. Marks		
						Int.	Ext.	Total
		Introduction to Mental Health	T	4	4	25	75	100
		Psychopathology I	T	4	4	25	75	100
		Psychometric Lab	P	5	10	25	75	100
		Internship	P	5	10	25	75	100
		Library	-	-	2	-	-	-
		Total		<b>18</b>	<b>30</b>	<b>100</b>	<b>300</b>	<b>400</b>
Sem II		Fundamentals of Counseling	T	4	4	25	75	100
		Psychopathology II	T	4	4	25	75	100
		Psychometric lab	P	5	10	25	75	100
		Internship	P	5	10	25	75	100
		Library	-	-	2	-	-	-
		Total		<b>18</b>	<b>30</b>	<b>100</b>	<b>300</b>	<b>400</b>
		Grand total		<b>36</b>	<b>60</b>	<b>200</b>	<b>600</b>	<b>800</b>

Approved by BOS conducted on 12.08.2023

# **SYLLABUS**

<b>I - SEMESTER</b>					
<b>Course Code</b>		<b>Introduction to Mental health</b>	<b>T</b>	<b>Credits: 4</b>	<b>Hours/Week: 4</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To understand the importance of mental health and its drivers.</li> <li>2. To develop better insight into the practices that promote mental health.</li> <li>3. To develop the competence to deal with issues that are barriers to mental health.</li> <li>4. To educate the burden of mental disorders in the national and international scenario</li> <li>5. To teach the preventional aspect of mental health rather than focussing on only treatment</li> </ol>				
<b>Unit - I</b>	Concept and importance of Mental health, Normality and Abnormality, Mind and Body Connection, Indicators of Mental health. Positive mental health - Concept and its importance, Habits that promote mental health.				
<b>Unit - II</b>	Resilience and Mental health - Concept of Resilience, Assessment of Risk and Protective factors, resilience framework and resilience building strategies.				
<b>Unit - III</b>	Stress and Mental health – Concept of stress, Stressors, Stress cycle, Stress reactions, Impact of stress on body and mind, Stress management strategies. Religion and Mental health - Concept of Religion, Role of religion in mental health, Religious practices and its impact on mental health.				
<b>Unit - IV</b>	Burden of Mental disorders – National and International Scenario, Direct and Indirect burden of mental disorders, Treatment gap - Mental disorders and the availability of mental health resources. Stigma and stigma reduction.				
<b>Unit - V</b>	Prevention of mental health problems - Concept, Objectives, Types - Primary, Secondary and tertiary and strategies. Mental health Policy and National Mental Health Program – Objectives, Salient features and Challenges.				
<p><b>References and Text Books:</b>            Girolamo De Giovanni (1999), Promoting Mental Health Internationally, London, The Royal College of Psychiatrists.            Lopez.J.Shane (2008), Positive Psychology, Westport, USA, Proeger Publication.            Newton Jennifer (1988), Preventing Mental Illness, London, Rutledge.            Snyder.C.R. Lopez, J.Shane (2002), Handbook of Positive Psychology, Newyork, Oxford University Press.            Tummers E. Vanethe (2013), Stress management – A Wellness approach, Illinois, Human Kinetics.</p>					
<p><b>Websources :</b>  <a href="https://apps.who.int/iris/bitstream/handle/10665/37958/9241544228_eng.pdf">https://apps.who.int/iris/bitstream/handle/10665/37958/9241544228_eng.pdf</a>  <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2174594/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2174594/</a>  <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3530291/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3530291/</a>  <a href="https://apps.who.int/gb/ebwha/pdf_files/EB130/B130_9-en.pdf">https://apps.who.int/gb/ebwha/pdf_files/EB130/B130_9-en.pdf</a>  <a href="https://ijmhs.biomedcentral.com/articles/10.1186/s13033-020-00356-9">https://ijmhs.biomedcentral.com/articles/10.1186/s13033-020-00356-9</a></p>					

## Course Outcomes

On completion of the course, students will have

CO1	Understood the concept of mind and able to analyse normality and abnormality by the use of classification of mental disorders	K1, K2, K4
CO2	Understood the concept of resilience and able to implement strategies to sustain resilience	K1, K2, K3
CO3	Understood the concept of stress and importance of religion in mental health	K1, K2
CO4	Examined the current scenario of mental health and analysed the availability of resources	K1, K2, K5
CO5	Developed the competence to prevent mental health program and analysed various policies	K1, K2, K5, K6

## Mapping Course Outcome vs Programme Outcomes

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	M(2)	M(2)	S (3)	L (1)	M(2)	M(2)	M (2)	M (2)	M (2)	M (2)
CO2	S(3)	S (3)	S(3)	S (3)	S(3)	M(2)	M (2)	S (3)	S (3)	M (2)
CO3	S(3)	S(3)	S(3)	L(1)	M(2)	M(2)	M(2)	S(3)	M(2)	L(1)
CO4	S(3)	S(3)	S(3)	L(1)	L(1)	S(3)	S(3)	M(2)	M(2)	M(2)
CO5	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)
W.Av	2.8	2.8	3	1.8	2.2	2.4	2.4	2.6	2.4	2

## Mapping Course Outcome Vs Programme Specific Outcomes

CO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	M(2)	M(2)	M(2)	M(2)
CO2	S(3)	S(3)	S(3)	M(2)	L(1)
CO3	S(3)	M(2)	M(2)	S(3)	L(1)
CO4	S(3)	M(2)	M(2)	S(3)	S(3)
CO5	S(3)	S(3)	S(3)	S(3)	S(3)
W.Av	3	2.4	2.4	2.6	2

<b>I - SEMESTER</b>					
<b>Course Code</b>		<b>Psychopathology I</b>	<b>T</b>	<b>Credits:4</b>	<b>Hours/ Week :4</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To develop a holistic understanding about mental disorders.</li> <li>2. To gain knowledge about the brain and its structure.</li> <li>3. To develop their competence in diagnosing mental disorders.</li> <li>4. To differentiate childhood and adult disorder in terms of mental health</li> <li>5. To teach about treatment rather than just presenting out the problems</li> </ol>				
<b>Unit - I</b>	Psychopathology : Concepts, Causes and Consequences. Classification of Mental disorders – ICD 11, DSM- V. Prevalence of Mental disorders. International and National Scenario, Models of Mental disorders, Burden of Mental Disorders.				
<b>Unit - II</b>	Understanding Human Brain – Structure and functions of Brain, Role of Neurons and Neurotransmitters, Changes in Brain and its impact. Examination of the Person with Mental Illness – Importance of Interview, Skills in Interviewing, Case history taking and Mental Status Examination .				
<b>Unit - III</b>	Childhood Disorders: Mental Retardation, Pervasive Developmental Disorders, ADHD, Learning and Motor Skills Disorders, Communication disorder - Epidemiology, Etiology, Diagnosis, Management and its Outcome.				
<b>Unit - IV</b>	Eating and Sleep Disorders – Eating disorder – Anorexia Nervosa, Bulimia Nervosa and Binge Eating Disorders – Sleep Disorders – Insomnia, Hypersomnia, Breathing related Disorder, Nightmare and Sleep walking disorders - Epidemiology, Etiology, Diagnosis, Management and its Outcome.				
<b>Unit - V</b>	Substance use disorder - Concept of use, misuse, abuse and addiction, Alcohol, Caffeine, Nicotine, Opiod, Cannabis, Inhalants related mental disorders - Epidemiology, Etiology, Diagnosis, Course , Management and its Outcome.				
<b>References and Text Books:</b>					
American Psychiatric Association (2000), Diagnostic and Statistical Manual of Mental disorders, Washington, American Psychiatric Association.					
Kennedy.A.James, (2003), Fundamentals of Psychiatric Treatment Planning, Washington American Psychiatric Publishing.inc.					
Poole Rob and Higgo Robert, Psychiatric Interviewing and assessment, Cambridge, Cambridge					
Sadock and Kaplan (2007), Synopsis of Psychiatry, Wolters Kluwer.					
Thackery Ellen and Harois Madeline (2003), The Gale Encyclopedia of Mental Disorders, New York, Gale Group, Inc.					
<b>Webresources :</b>					
<a href="https://www.ncbi.nlm.nih.gov/books/NBK556058/">https://www.ncbi.nlm.nih.gov/books/NBK556058/</a>					
<a href="https://www.eatingdisorderhope.com/treatment-for-eating-disorders/international/india">https://www.eatingdisorderhope.com/treatment-for-eating-disorders/international/india</a>					
<a href="https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology">https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology</a>					
<a href="https://www.ncbi.nlm.nih.gov/books/NBK570642/">https://www.ncbi.nlm.nih.gov/books/NBK570642/</a>					
<a href="https://emedicine.medscape.com/article/293402-overview">https://emedicine.medscape.com/article/293402-overview</a>					

### Course Outcomes

On completion of the course, students will have

CO1	Understood the structures of brain and equipped with the skills of taking case history	K2, K4, K5, K6
CO2	Analysed childhood disorder and its etiology and able to think of interventions for treatment	K2,K4
CO3	Understood the etiology of personality disorder and its management	K2, K3,K4
CO4	Reviewed eating and sleeping disorder and able to diagnose and think of interventions for treatment	K2, K3,K4
CO5	Examined various substance use disorder and its consequences	K2, K3,K4

### Mapping Course Outcome vs Programme Outcomes

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	L(1)	L(1)	M(2)
CO2	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)	M(2)	M(2)	L(1)	S(3)
CO3	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	L(1)	L(1)	M(2)
CO4	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)
CO5	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	S(3)	S(3)	M(2)
W.Av	3	3	3	2.2	2	2.2	2	1.8	1.6	2.2

### Mapping Course Outcome Vs Programme Specific Outcomes

CO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	S(3)	S(3)	M(2)	M(2)
CO2	S(3)	M(2)	M(2)	M(2)	M(2)
CO3	S(3)	M(2)	M(2)	M(2)	M(2)
CO4	S(3)	M(2)	M(2)	S(3)	M(2)
CO5	S(3)	M(2)	M(2)	S(3)	M(2)
W.Av	3	2.2	2.2	2.4	2

I - SEMESTER					
Course Code		Psychometric Lab	P	Credits:5	Hours/Week: 10
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To understand the importance of psychometrics in diagnosis</li> <li>2. To develop the necessary competence to administer and interpret various psychological tools.</li> <li>3. To gain insight regarding various psychological tools</li> <li>4. To gain the understanding about the application of the tools.</li> <li>5. To make use of the appropriate psychological tool by analysing the context of need.</li> </ol>				
	<p>Psychological tests from the following areas (One from Each area) will be identified and students will be exposed to the administration of the selected tests. Practical Examination will be conducted by the Institute as per the Guidelines of the University.</p> <ol style="list-style-type: none"> <li>1. Intelligence</li> <li>2. Memory</li> <li>3. Interest</li> <li>4. Job satisfaction</li> <li>5. Psychiatric rating scale</li> <li>6. Assessment for children and adolescent</li> </ol>				
<p><b>References and Text Books</b>  Cronbach, L.J (1972), Essentials of Psychological Testing, New Delhi, Prentice Hall.  Udai Pareek.T (2006), Handbook of Psychological and Social Instruments, New Delhi, Concept Publishing House.  WoodworthR.S.and Schlosberg,(1981), Experimental Psychology, New Delhi, Tata McGraw Hill Publishing Co.</p>					
<p><b>Webresources :</b>  <a href="https://onlinecourses.nptel.ac.in/noc20_hs45/preview">https://onlinecourses.nptel.ac.in/noc20_hs45/preview</a></p>					



### Course Outcomes

On completion of the course, students will have

<b>CO1</b>	Recognize the importance of assessments in the field	K1,K2
<b>CO2</b>	Understood the psychometric properties of the tests.	K2,K4
<b>CO3</b>	Explore the various existing assessments and understand their purpose.	K2,K3 ,K4
<b>CO4</b>	Identify and apply their knowledge to evaluate the scores on assessments	K4,K5 ,K6
<b>CO5</b>	Develop skills to write clinical reports to clients	K4,K5 ,K6

### Mapping Course Outcome vs Programme Outcomes

<b>CO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PO8</b>	<b>PO9</b>	<b>PO10</b>
<b>CO1</b>	S(3)	S(3)	S(3)	L(1)	L(1)	S(3)	S(3)	M(2)	M(2)	L(1)
<b>CO2</b>	S(3)	S(3)	S(3)	M(2)	L(1)	S(3)	S(3)	S(3)	M(2)	L(1)
<b>CO3</b>	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	M(2)	M(2)	M(2)	M(2)
<b>CO4</b>	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)	S(3)	M(2)
<b>CO5</b>	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)
<b>W.Av</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>1.8</b>	<b>2.6</b>	<b>2.6</b>	<b>2.4</b>	<b>2.2</b>	<b>1.8</b>

### Mapping Course Outcome Vs Programme Specific Outcomes

<b>CO</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>	<b>PSO5</b>
<b>CO1</b>	S(3)	L(1)	L(1)	S(3)	M(2)
<b>CO2</b>	S(3)	M(2)	S(3)	S(3)	S(3)
<b>CO3</b>	S(3)	M(2)	M(2)	M(2)	M(2)
<b>CO4</b>	S(3)	S(3)	S(3)	S(3)	S(3)
<b>CO5</b>	S(3)	S(3)	S(3)	S(3)	S(3)
<b>W.Av</b>	<b>3</b>	<b>2.2</b>	<b>2.4</b>	<b>2.8</b>	<b>2.6</b>

**I - SEMESTER**

<b>Course Code</b>		<b>Internship</b>	<b>P</b>	<b>Credits: 6</b>	<b>Hours / week : 12</b>
<b>Objectives</b>	<ol style="list-style-type: none"><li>1. To study and understand the working process of an agency</li><li>2. To gain professional intervention skills and program/ process in implementation skills</li><li>3. To develop skills in documentation</li><li>4. To develop professional acumen</li><li>5. To practise the professional skills that is learned via theory</li></ol>				
<b>Guidelines</b>	Students are placed in an internship setting for their practice based exposure of diploma degree The CA marks are awarded by the supervisor out of 25 marks for the quality, regularity, initiatives, leadership and participation. At the end of the semester Viva Voce is conducted by an external examiner and marks are awarded out of 75.				

**Course Outcomes :**

On successful completion of the course, Students will have

CO1	Examined and Understood the field realities	K2, K4
CO2	Analysed the scope for the practice	K3, K4
CO3	Developed the necessary competence to practice	K3, K4, K6
CO4	Developed professional network	K3, K6
CO5	Becomes more compassionate and confident in working with people.	K4, K5

**Mapping Course Outcome vs Programme Outcomes**

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	L(1)	L(1)	S(3)	S(3)	M(2)	M(2)	L(1)
CO2	S(3)	S(3)	M(2)	L(1)	L(1)	S(3)	S(3)	S(3)	M(2)	M(2)
CO3	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)
CO4	L(1)	L(1)	M(2)	M(2)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)
CO5	L(1)	L(1)	M(2)	M(2)	M(2)	S(3)	S(3)	S(3)	S(3)	M(2)
<b>W.Av</b>	<b>2.2</b>	<b>2.2</b>	<b>2.4</b>	<b>1.8</b>	<b>2</b>	<b>3</b>	<b>3</b>	<b>2.4</b>	<b>2.2</b>	<b>2.2</b>

**Mapping Course Outcome Vs Programme Specific Outcomes**

CO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	L(1)	L(1)	S(3)	M(2)
CO2	S(3)	M(2)	M(2)	S(3)	S(3)
CO3	S(3)	S(3)	S(3)	M(2)	M(2)
CO4	L(1)	S(3)	M(2)	M(2)	M(2)
CO5	M(2)	M(2)	S(3)	S(3)	S(3)
<b>W.Av</b>	<b>2.4</b>	<b>2.2</b>	<b>2.2</b>	<b>2.6</b>	<b>2.4</b>

II - SEMESTER					
Course Code		Fundamentals of Counselling	T	Credits:4	Hours/Week : 4
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To understand the importance of Counselling.</li> <li>2. To develop the necessary competence to practice Counselling.</li> <li>3. To gain competence to administer psychological tests and interview.</li> <li>4. To understand the importance of therapeutic relationship</li> <li>5. To legal educate the ethical considerations in counselling</li> </ol>				
<b>Unit - I</b>	Understanding human behaviour: Concept of behaviour, Assumptions about behaviour, Connection between thoughts, Feelings and behaviour, Drivers of behaviour, Functional and dysfunctional behaviours.				
<b>Unit - II</b>	Counselling: Definition of Counselling, Need for counselling, Objectives of counselling, Differences between advise and counselling, Assumptions of counselling, Counselling approaches - Directive, Non directive and eclectic, Factors influencing the outcome of counselling.				
<b>Unit - III</b>	Therapeutic relationship: Importance of relationship, Relationship pyramid, Conditions that facilitate therapeutic relationship - Genuineness, Unconditional positive regard and Empathy.				
<b>Unit - IV</b>	Counselling process: Pre helping phase, Exploration, Understanding and Action phases, Responsibilities of Counsellor and Counsellee in each of these phases. Counselling responses - Understanding, Supportive, Probing, Interpretative and Evaluative responses.				
<b>Unit - V</b>	Basic counselling skills: Attending skill, Listening skill, Skill of empathy, Problem solving and decision making skill. Attributes of an effective counsellor, Ethics in the practice of Counselling				
<b>References and Text Books:</b>					
American Counselling Association (2009), The ACA Encyclopedia of Counselling, Alexandria, VA, USA. Carkhuff R.Robert(2008), The Art of Helping, Amherst, USA, Possibilities Publishing Inc. Egan Gerald (2010), The Skilled Helper, Belmont, USA, Brooks/Cole. Goss C. Malcom&Papadopoulos Linda (2001), Becoming a Therapist, New York, Brunner-Rutledge. McLeod John(2003), An Introduction to Counselling, Berkshire, McGraw Hill, Open University Press					
<b>Websources :</b>					
<a href="https://www.caluniv.ac.in/academic/Education/Study/Techniques.pdf">https://www.caluniv.ac.in/academic/Education/Study/Techniques.pdf</a> <a href="https://www.britannica.com/topic/human-behavior">https://www.britannica.com/topic/human-behavior</a> <a href="https://web.cortland.edu/andersmd/rogers/char-a.html">https://web.cortland.edu/andersmd/rogers/char-a.html</a> <a href="https://positivepsychology.com/counseling-process/">https://positivepsychology.com/counseling-process/</a> <a href="https://counsellingtutor.com/basic-counselling-skills/the-meaning-of-attending/">https://counsellingtutor.com/basic-counselling-skills/the-meaning-of-attending/</a>					

### Course Outcomes

On completion of the course, students will have

<b>CO1</b>	Understood the concepts behind human behaviour and able to analyse the connection between thought, feeling and behaviour	K1, K2, K3
<b>CO2</b>	Understood counselling and analysed various approaches in counselling	K2, K4
<b>CO3</b>	Examined the therapeutic relationship and able to identify the factor that facilitate the relationship	K2, K4, K5
<b>CO4</b>	Reviewed the counselling process and align themselves with the responsibilities of the counsellor	K1, K2, K4
<b>CO5</b>	Equipped with competency to demonstrate the counselling skills in different settings.	K4, K5, K6

### Mapping Course Outcome vs Programme Outcomes

<b>CO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PO8</b>	<b>PO9</b>	<b>PO10</b>
<b>CO1</b>	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)
<b>CO2</b>	S(3)	S(3)	S(3)	L(1)	M(2)	M(2)	M(2)	S(3)	S(3)	L(1)
<b>CO3</b>	S(3)	S(3)	M(2)	M(2)	M(2)	S(3)	S(3)	M(2)	M(2)	S(3)
<b>CO4</b>	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	S(3)	S(3)
<b>CO5</b>	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)	S(3)
<b>W.Av</b>	<b>3</b>	<b>3</b>	<b>2.8</b>	<b>2.2</b>	<b>2.2</b>	<b>2.4</b>	<b>2.2</b>	<b>2.2</b>	<b>2.6</b>	<b>2.4</b>

### Mapping Course Outcome Vs Programme Specific Outcomes

<b>CO</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>	<b>PSO5</b>
<b>CO1</b>	S(3)	L(1)	M(2)	M(2)	L(1)
<b>CO2</b>	S(3)	M(2)	M(2)	M(2)	M(2)
<b>CO3</b>	S(3)	M(2)	M(2)	M(2)	M(2)
<b>CO4</b>	S(3)	M(2)	M(2)	M(2)	M(2)
<b>CO5</b>	S(3)	S(3)	S(3)	M(2)	M(2)
<b>W.Av</b>	<b>3</b>	<b>2</b>	<b>2.2</b>	<b>2</b>	<b>1.8</b>

## II - SEMESTER

Course Code	Psychopathology II	T	Credits:4	Hours/Week: 4
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To develop a holistic understanding about mental disorders.</li> <li>2. To develop their competence in diagnosing mental disorders.</li> <li>3. To gain insight regarding various mental disorder and their etiology</li> <li>4. To educate about adulthood mental disorders</li> <li>5. To teach about positive consequences of management</li> </ol>			
<b>Unit - I</b>	Anxiety Disorders, Obsessive Compulsive Disorders, PTSD, Phobic Disorders - Epidemiology, Etiology, Diagnosis, Management and its Outcome. Mood Disorders- Unipolar, Bipolar disorders- Epidemiology, Etiology, Diagnosis, Management and its Outcome.			
<b>Unit - II</b>	Personality Disorders: Paranoid, Schizoid, Antisocial, Borderline, Histrionic, Narcissistic, Avoidant and Dependent Disorders – Epidemiology, Etiology, Diagnosis, Management and its Outcome.			
<b>Unit - III</b>	Schizophrenia - Paranoid, Disorganized, Catatonic, Schizophrenia form disorder - Epidemiology, Etiology, Diagnosis, Management and its Outcome.			
<b>Unit - IV</b>	Delirium, Dementia and Amnestic Disorders – Delirium, Dementia – Alzheimer type, Vascular, Substance induced, Due to General medical Condition - Epidemiology, Etiology, Diagnosis, Management and its Outcome.			
<b>Unit - V</b>	Sexual Disorders – Sexual dysfunction, Problems in Sexual desire and arousal, Male erectile Dysfunction, Female Orgasmic Disorder and Sexual pain disorder - Epidemiology, Etiology, Diagnosis, Management and its Outcome. Somatoform Disorders – Somatisation Disorder, Conversion, Pain and Hypochondrias Disorders - Epidemiology, Etiology, Diagnosis, Management and its Outcome.			

### References and Text Books:

- American Psychiatric Association(2004), Practice Guidelines for the Treatment of Psychiatric Disorders, Arlington, American Psychiatric Association.
- Beck AT, Freem (1990). Cognitive Therapy of Personality Disorders, London, Guilford.
- Martin Retie and Michael Weisberg(2008), Clinical Manual for Evaluation and Treatment of Sleep Disorders Washington, DC: American Psychiatric Association.
- Sadock and Kaplan(2007), Synopsis of Psychiatry, New York, Wolters Kluwer.
- Thackeray Ellen and Harris Madeline (2003), The Gale Encyclopedia of Mental Disorders, New York, Gale Group Inc.

### Websources :

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4610617/>  
<https://www.ncbi.nlm.nih.gov/books/NBK558998/>  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6526801/>  
<https://www.edx.org/learn/psychology/the-university-of-queensland-introduction-to-clinical-psychology>  
<https://academic.oup.com/book/24770/chapter-abstract/188333160?redirectedFrom=fulltext>

### Course Outcomes

On completion of the course, students will have

<b>CO1</b>	Acquired knowledge about anxiety disorder and its management	K1, K2
<b>CO2</b>	Analysed mood disorder and able to think of interventions	K1, K2, K4
<b>CO3</b>	Reviewed schizophrenia and able to diagnose it by the use of assessments	K1, K2, K4
<b>CO4</b>	Understood delirium and ability to analyse its consequences	K2, K4, K5
<b>CO5</b>	Examined various sexual disorder, its outcome and ways to treat those disorder	K3, K4, K5

### Mapping Course Outcome vs Programme Outcomes

<b>CO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PO8</b>	<b>PO9</b>	<b>PO10</b>
<b>CO1</b>	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	L(1)	L(1)	M(2)
<b>CO2</b>	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)
<b>CO3</b>	S(3)	S(3)	M(2)	M(2)	M(2)	L(1)	M(2)	M(2)	S(3)	S(3)
<b>CO4</b>	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	L(1)	L(1)	L(1)
<b>CO5</b>	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	L(1)	L(1)	L(1)
<b>W.Av</b>	<b>3</b>	<b>3</b>	<b>2.6</b>	<b>2</b>	<b>2</b>	<b>1.8</b>	<b>2</b>	<b>1.4</b>	<b>1.6</b>	<b>1.8</b>

### Mapping Course Outcome Vs Programme Specific Outcomes

<b>CO</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>	<b>PSO5</b>
<b>CO1</b>	S(3)	S(3)	M(2)	M(2)	M(2)
<b>CO2</b>	S(3)	M(2)	M(2)	S(3)	S(3)
<b>CO3</b>	M(2)	M(2)	M(2)	S(3)	S(3)
<b>CO4</b>	S(3)	L(1)	L(1)	M(2)	M(2)
<b>CO5</b>	S(3)	M(2)	M(2)	S(3)	S(3)
<b>W.Av</b>	<b>2.8</b>	<b>2</b>	<b>2</b>	<b>2.6</b>	<b>2.6</b>

## II - SEMESTER

Course Code		Psychometric Lab	P	Credits:5	Hours/Week: 10
<b>Objectives</b>	<ol style="list-style-type: none"><li>1. To develop the necessary competence to administer and interpret various psychological tools.</li><li>2. To gain insight regarding various psychological tools</li><li>3. To gain the understanding about the application of the tools.</li><li>4. To make use of appropriate psychological tools by analysing the need.</li><li>5. To promote the importance of psychometry in diagnosis and classification of mental disorders</li></ol>				
	<p>Psychological tests from the following areas (One from Each area) will be identified and students will be exposed to the administration of the selected tests. Practical Examination will be conducted by the Institute as per the Guidelines of the University.</p> <ol style="list-style-type: none"><li>1. Personality test</li><li>2. Diagnostic assessment test</li><li>3. Aptitude test</li></ol>				
<b>References and Text Books</b> Cronbach, L.J (1972), Essentials of Psychological Testing, New Delhi, Prentice Hall. Udai Pareek.T (2006), Handbook of Psychological and Social Instruments, New Delhi, Concept Publishing House. Woodworth R.S. and Schlosberg,(1981), Experimental Psychology, New Delhi, Tata McGraw Hill Publishing Co.					
<b>Websources :</b> <a href="https://onlinecourses.nptel.ac.in/noc20_hs45/preview">https://onlinecourses.nptel.ac.in/noc20_hs45/preview</a>					



### Course Outcomes

On completion of the course, students will have

<b>CO1</b>	Recognize the importance of assessments in the field	K1,K2
<b>CO2</b>	Understood the psychometric properties of the tests.	K2,K4
<b>CO3</b>	Explore the various existing assessments and understand their purpose.	K2,K3 ,K4
<b>CO4</b>	Identify and apply their knowledge to evaluate the scores on assessments	K4,K5 ,K6
<b>CO5</b>	Develop skills to write clinical reports to clients	K4,K5 ,K6

### Mapping Course Outcome vs Programme Outcomes

<b>CO</b>	<b>PO1</b>	<b>PO2</b>	<b>PO3</b>	<b>PO4</b>	<b>PO5</b>	<b>PO6</b>	<b>PO7</b>	<b>PO8</b>	<b>PO9</b>	<b>PO10</b>
<b>CO1</b>	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)	S(3)	M(2)	M(2)	L(1)
<b>CO2</b>	S(3)	S(3)	S(3)	M(2)	L(1)	S(3)	S(3)	S(3)	M(2)	M(2)
<b>CO3</b>	S(3)	S(3)	S(3)	L(1)	M(2)	M(2)	M(2)	M(2)	M(2)	M(2)
<b>CO4</b>	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)
<b>CO5</b>	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)
<b>W.Av</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>2.2</b>	<b>2.2</b>	<b>2.8</b>	<b>2.8</b>	<b>2.4</b>	<b>2.2</b>	<b>2</b>

### Mapping Course Outcome Vs Programme Specific Outcomes

<b>CO</b>	<b>PSO1</b>	<b>PSO2</b>	<b>PSO3</b>	<b>PSO4</b>	<b>PSO5</b>
<b>CO1</b>	S(3)	M(2)	L(1)	S(3)	M(2)
<b>CO2</b>	S(3)	M(2)	S(3)	S(3)	S(3)
<b>CO3</b>	S(3)	M(2)	M(2)	S(3)	S(3)
<b>CO4</b>	S(3)	S(3)	S(3)	S(3)	S(3)
<b>CO5</b>	S(3)	S(3)	S(3)	S(3)	S(3)
<b>W.Av</b>	<b>3</b>	<b>2.4</b>	<b>2.4</b>	<b>3</b>	<b>2.8</b>

**II - SEMESTER**

<b>Course Code</b>		<b>Internship</b>	<b>P</b>	<b>Credits: 6</b>	<b>Hours/Week: 12</b>
<b>Objectives</b>	<ol style="list-style-type: none"><li>1. To study and understand the working of an agency</li><li>2. To gain professional intervention skills and program/ process in implementation skills</li><li>3. To develop skills in documentation</li><li>4. To develop personal and professional self</li><li>5. To practise skills that are learned via theory so far.</li></ol>				
<b>Guidelines</b>	Students are placed in an internship setting for their practice based exposure of diploma degree The CA marks are awarded by the supervisor out of 25 marks for the quality, regularity, initiatives, leadership and participation. At the end of the semester Viva Voce is conducted by an external examiner and marks are awarded out of 75				

### Course Outcomes

On completion of the course, students will have

CO1	Understood the field realities	K2, K4
CO2	Understood the scope for the practice	K3, K4
CO3	Developed the necessary competence to practice	K3, K4, K6
CO4	Developed professional network	K3, K6
CO5	Becomes more compassionate and confident in working with people.	K4, K5, K6

### Mapping Course Outcome vs Programme Outcomes

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	L(1)	L(1)	S(3)	S(3)	M(2)	M(2)	M(2)
CO2	S(3)	S(3)	M(2)	M(2)	M(1)	S(3)	S(3)	S(3)	M(2)	M(2)
CO3	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)
CO4	M(2)	M(2)	M(2)	M(2)	S(3)	S(3)	S(3)	M(2)	M(2)	S(3)
CO5	M(2)	M(2)	M(2)	M(2)	M(2)	S(3)	S(3)	S(3)	S(3)	M(2)
W.Av	2.6	2.6	2	2	2	3	3	2.4	2.2	2.4

### Mapping Course Outcome Vs Programme Specific Outcomes

CO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	M(2)	M(2)	S(3)	M(2)
CO2	S(3)	M(2)	M(2)	S(3)	S(3)
CO3	S(3)	S(3)	S(3)	M(2)	M(2)
CO4	M(2)	S(3)	M(2)	M(2)	M(2)
CO5	M(2)	M(2)	S(3)	S(3)	S(3)
W.Av	2.6	2.4	2.4	2.6	2.4