

*Promoting Leadership in Mental Health*

---

*Develop competent, confident, and  
compassionate mental health professionals  
through training  
to lead the quality care movement in  
mental health.*

**Contact Us**

Address:

Plot 7, 5th Street, Lake area (near  
Mattuthavani), Madurai - 625107  
Mobile number: [+91 9629911357](tel:+919629911357)

Email: [mscimhr@gmail.com](mailto:mscimhr@gmail.com)

[www.mscimhr.com](http://www.mscimhr.com)



**MS CHELLAMUTHU  
INSTITUTE OF MENTAL HEALTH  
AND REHABILITATION**

(The HRD initiative of MS Chellamuthu Trust and Research  
Foundation, Madurai)

— Since 2008 —

**CLINICAL TRAINING PAR EXCELLENCE**



## ABOUT US

MS Chellamuthu Trust and Research Foundation is a non-profit organization founded in the year 1992 by Dr.C.Ramasubramanian, Consultant Psychiatrist with a mission to promote mental health through holistic mental health care, affordable and accessible to all.

MS Chellamuthu Institute of Mental health and Rehabilitation was started in the year 2008 as one of the core program intervention of the trust to bridge the gap in the availability of mental health professionals and thereby make mental health services available and accessible to all.

## PROGRAMS OFFERED

### RESEARCH PROGRAMS

- PhD in Psychology
- PhD in Social Work

### PG PROGRAMS

- MSc in Applied Psychology
- MSc in Counselling and Psychotherapy
- MSW in Mental Health

### PG DIPLOMA PROGRAMS

- PG Diploma in Mental Health
- PG Diploma in School Counselling

### CERTIFICATE PROGRAMS

- Basic Counselling Skills
- School Counselling
- Psychopathology, Psychosocial Therapies

## COLLABORATING UNIVERSITIES



Alagappa  
University



Madurai Kamaraj  
University



Tamil Nadu Open  
University

## PROFILE



### Dr. Kannan M

#### Director of Research

Dr. Kannan M is a very passionate Researcher who has his MPhil (Social Work) from TISS, Mumbai, and Ph.D. ( Social Work) from Madurai Kamaraj University. He has provided Research Guidance for MSW, M.Phil. and Ph.D. Scholars and approximately over 500 students have benefitted from his guidance.



### Dr. R Selvi Kumari

#### Consultant Clinical Psychologist

Dr. R Selvi has her MPhil (Clinical Psychology) and Ph.D. from the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru. She has more than 10 years of clinical practice along with rich teaching experience.



### Dr. Anthea Washington

#### Professor and Dean (Academics)

Dr. Anthea Washington holds a Ph.D. in Social Work from Madurai Kamaraj University and has specialized in Personnel Management & Industrial Relations in her post-graduation. She holds an MBA in Education Management from Alagappa University. She has over 25 years of experience in higher educational institutions in the field of HR and professional development.



### Ms Saadhvi Nirmal

#### Assistant Professor

Ms. Saadhvi Nirmal has completed her MSc in Applied Psychology from Women's Christian College, Chennai and MPhil in Psychology from University of Madras, Chennai. She has done intensive research on Career Plateau of employees, Emotional Intelligence and Parenting Styles.



### Ms Prasanthi Balachandar

#### Assistant Professor

Ms A.Prasanthi has completed her M.sc in Applied Psychology from Women's Christian College, Chennai and M.Phil in Guidance and Counselling from Mother Teresa Women's University, Kodaikanal. She has conducted career guidance sessions to school students. She is more interested in working with adolescents.

# FACULTY

## Prof G Gurubharathy

### Principal

Prof G Gurubharathy is the Principal of MSCIMHR. He has more than 30 years of experience in teaching Social Work. He is one of the leading Mental Health trainers and is a consultant for various community based mental health projects.



## Dr. Janet Vasantha Kumari

### Director of Counselling

Dr. Janet Vasanthakumari has done her Ph.D. in Social Work from Madurai Kamaraj University. She has more than 27 years of teaching experience in the field of Social Work.



## Dr. M Selvi

### Consultant Clinical Psychologist and Associate Professor

Dr. M Selvi did her MPhil ( Clinical Psychology) from Kasturba Medical College, Manipal, and Ph.D. (Clinical Psychology) from the National Institute of Mental Health and Neurosciences (NIMHANS), Bangaluru. She has more than 10 years of clinical practice along with rich teaching experience.



## Dr. Veerabalaji Kumar

### Associate Professor

Dr. Veerabalaji is a Homeopathic Doctor with a Ph.D. in Psychology from Bharathiyar University, Coimbatore. He has more than 10 years of clinical experience and more than 15 years of training and teaching diversified students.



## Ms Kaviya Ramesh

### Assistant Professor

Ms Kaviya Ramesh has completed her Post Graduation in Counselling Psychology at Madras School of Social Work. She is enthusiastic about working with the youth and has conducted several training sessions for children. Her passion lies in teaching and counseling the younger generation.



## Wellness Lantern

Promoting Wellness for Better Living



## ACADEMIC INFRASTRUCTURE

- Qualified, outstanding and experienced faculty members
- Excellent clinical infrastructure for doing clinical internship
- Library with an exemplary collection of books and journals
- Virtual Classroom Facilities
- Fully furnished and well-equipped Student Friendly Classrooms

## CLINICAL INFRASTRUCTURE

- **Ahana Hospitals:** 150 bedded specialty hospital in Neuropsychiatric care.
- **Bodhi:** 350 bedded rehabilitation facility.
- **Aakaash:** Special School for the children with mental retardation.
- **Trishul:** 30 bedded Integrated Centre for the treatment and rehabilitation of the persons dependent on substances.
- **Care Factory:** Facility that promotes the livelihood of persons with mental disabilities.
- **SPEAK:** Suicide prevention initiative.
- **SPEAK2us:** Mental health helpline.
- Community-based mental health projects.
- **Happy Schooling:** School mental health projects.
- **Emergency Care and Rescue Center:** Providing free services in terms of *Rescue, Restore, Rehabilitation and Reintegration*

